



Douglas County Employees,
Join us for the
6th Annual
Healthy Directions



HEALTH FAIR!

Health Center
March 14th, 7:00 a.m. - Noon

Civic Center, Room 702
April 6th, 8:00 a.m. - Noon

Prizes! Giveaways! Raffles!

Special thanks to our vendors:

United
Healthcare

Delta Dental

Minnesota Life

AFLAC

Voya

Edward Jones

Dr. Jason Wiese

Anytime Fitness

Viverae Wellness

Omaha-Douglas
Credit Union

First Educators
Credit Union

YMCA

Excel Therapy



Questions?

Call Kathy Adair at 402-444-6099
or Lisa Osborn at 402-444-6533

COMMIT TO BE FIT